

# CARDINAL FLIGHT APPROVED ACTIVITIES CHECKLIST



Website: [business.louisville.edu/cardinalflight](https://business.louisville.edu/cardinalflight)

## About Cardinal Flight

Cardinal Flight is a digital badge program for undergrad business majors featuring structured co-curricular experiences.

For a complete list of Cardinal Flight-approved activities, see the Cardinal Flight path on [EngageUofL](https://engageuofl.com).

## How to Earn Cardinal Flight Credit:

Log in to [EngageUofL](https://engageuofl.com), select the Cardinal Flight Path, and click on the activity name to follow the instructions.

## Got questions or need access to the Cardinal Flight path?

Contact Renecia G. Davis at [cardinalflight@louisville.edu](mailto:cardinalflight@louisville.edu) to discuss unique experiences for credit or any other inquiries.



## Foundational Level Activities

Revised 8/22/2024



### COLLEGE OF BUSINESS (COB) EVENT ATTENDANCE

- Attend 2 Events Hosted by COB Department/Business RSO (required)

**NOTE:** COB events approved for Cardinal Flight will display the “Cardinal Flight Approved” digital stamp.

### CAREER DEVELOPMENT (Select a minimum of 2 activities)

- Career Development LinkedIn Course
- COB Ulmer Career Center Appointment
- Create a Cardinal Careers Account
- Create a LinkedIn Profile
- Focus 2 Career Assessment/Other Assessment
- Professional Headshot Photo

### COMMUNICATION (Select a minimum of 2 activities)

- COB Advisor/Student Success Appointment
- COB Biz Comm Coaching Appointment
- Communication LinkedIn Course
- Meet with Professor During Office Hours
- REACH Academic Coaching Appointment
- REACH Tutoring Appointment
- Share Your #MyCardinalFlight on Social Media
- UofL Writing Center Appointment

### DIVERSITY AND INCLUSION (Select a minimum of 2 activities)

- Attend Event Hosted by Cultural & Equity Center
- Diversity and Inclusion LinkedIn Course
- TED Talk on Diversity
- Visit a Campus Resource
- Visit the Cultural and Equity Center
- Visit the Speed Art Museum

### LEADERSHIP AND TEAMWORK (Select a minimum of 2 activities)

- Attend Any Campus Sponsored Event
- Attend a Welcome Week Event
- Attend UofL Athletic Event
- Attend UofL Homecoming Event
- Attend RSO Meeting
- Join a Professional Association
- Leadership LinkedIn Course
- Listen to a COB FranchiseU! Podcast
- Teamwork LinkedIn Course
- TED Talk on Leadership or Teamwork

### STRATEGIC THINKING AND TECHNOLOGY (Select a minimum of 2 activities)

- Add LinkedIn Learning Certificates to Profile
- Attend Digital Transformation Center Workshop
- Follow College of Business on Social Media
- REACH Hackademic Series Online Workshop (1)
- Schedule Appointment with UofL Librarian
- Strategic Thinking LinkedIn Course
- Technology LinkedIn Course

## CAREER DEVELOPMENT (Select a minimum of 2 activities)

- |   |   |
|---|---|
| <input type="checkbox"/> Campus Career Fair Attendance and Reflection | <input type="checkbox"/> Job Shadowing                          |
| <input type="checkbox"/> Career Development LinkedIn Course (x2)      | <input type="checkbox"/> On Campus Interview Day and Reflection |
| <input type="checkbox"/> Co-op or Internship Experience               | <input type="checkbox"/> Practice Mock Interview                |
| <input type="checkbox"/> Employer Site Visit                          | <input type="checkbox"/> Resume Assistance                      |
| <input type="checkbox"/> Informational Interview                      | <input type="checkbox"/> Relevant Work Experience               |

## COMMUNICATION (Select a minimum of 2 activities)

- |   |  |
|---|--|
| <input type="checkbox"/> Admission to Graduate Program            | <input type="checkbox"/> REACH Academic Coaching Appointment (x2)        |
| <input type="checkbox"/> Cardinal Aces                            | <input type="checkbox"/> REACH Tutoring Appointment (x2)                 |
| <input type="checkbox"/> COB Student Spotlight Feature            | <input type="checkbox"/> Recipient of COB Undergrad Scholarship or Award |
| <input type="checkbox"/> Communication LinkedIn Course (x2)       | <input type="checkbox"/> Student Panel Participation                     |
| <input type="checkbox"/> Conference Attendance                    | <input type="checkbox"/> UofL Writing Center Appointment (x2)            |
| <input type="checkbox"/> Dean's List or Dean's Scholars Recipient |  |

## DIVERSITY AND INCLUSION (Select a minimum of 2 activities)

- |   |  |
|---|--|
| <input type="checkbox"/> Community Service                              | <input type="checkbox"/> Study Abroad                      |
| <input type="checkbox"/> Cultural & Equity Center Event Attendance (x2) | <input type="checkbox"/> Service Learning                  |
| <input type="checkbox"/> Diversity and Inclusion LinkedIn Course (x2)   | <input type="checkbox"/> Visit a Local Cultural Attraction |
| <input type="checkbox"/> Living Learning Community/On-Campus Housing    |  |

## LEADERSHIP AND TEAMWORK (Select a minimum of 2 activities)

- |  |  |
|--|--|
| <input type="checkbox"/> Active Committee Member               | <input type="checkbox"/> ROTC/Military Experience      |
| <input type="checkbox"/> Group Fitness/Club Sports/Intramurals | <input type="checkbox"/> RSO Leader/Active Member      |
| <input type="checkbox"/> Fraternity/Sorority Member            | <input type="checkbox"/> Student Ambassador            |
| <input type="checkbox"/> Leadership LinkedIn Course (x2)       | <input type="checkbox"/> Teamwork LinkedIn Course (x2) |
| <input type="checkbox"/> Leadership position on or off campus  | <input type="checkbox"/> UofL Student Athlete          |
| <input type="checkbox"/> Mentoring Program                     | <input type="checkbox"/> Volunteer Experience          |
| <input type="checkbox"/> raiseRED Dance Marathon               |  |

## STRATEGIC THINKING AND TECHNOLOGY (Select a minimum of 2 activities)

- |   |   |
|---|---|
| <input type="checkbox"/> Adobe Digital Badge                                  | <input type="checkbox"/> Microsoft Excel Certification (complete CIS 305 and pass certification exam) |
| <input type="checkbox"/> Business Plan Competition                            | <input type="checkbox"/> Reading Group (COB Center for Free Enterprise)                               |
| <input type="checkbox"/> Capstone Project                                     | <input type="checkbox"/> Strategic Thinking LinkedIn Course (x2)                                      |
| <input type="checkbox"/> Design Thinking Practitioner Badge                   | <input type="checkbox"/> Submit to the Cardinal Create Showcase                                       |
| <input type="checkbox"/> Kognito Training At-Risk Mental Health (Online)      | <input type="checkbox"/> Technology LinkedIn Course (x2)  |
| <input type="checkbox"/> LinkedIn Course on Artificial Intelligence (AI) (x2) | <input type="checkbox"/> Undergraduate Research   |

### NOTES:

- **Effective August 2024:** Submit activities within 60 days of completion. For graduation semester activities, submit by the graduation application deadline. No credit for late submissions. For gift redemption, submit early and follow guidelines on the Earn Rewards page.
- Activities indicated with "(x2)" indicates that Advanced level credit can be earned by completing the activity twice.
- All submissions are subject to approval by the Cardinal Flight program manager.

