

# CARDINAL FLIGHT APPROVED ACTIVITIES CHECKLIST



[business.louisville.edu/cardinalflight](https://business.louisville.edu/cardinalflight) • [cardinalflight@louisville.edu](mailto:cardinalflight@louisville.edu)

Cardinal Flight is a **cocurricular digital badging program** exclusive to business undergraduates. Complete a series of engaging activities to enhance your academic, personal and professional growth, and graduate with career readiness competencies desired by employers.

## How It Works



For a complete list of **Cardinal Flight approved activities** and detailed instructions for each activity: Go to [louisville.edu/engage](https://louisville.edu/engage) > Click on profile image on top-right corner and select Paths > Select activity

**Questions?** Contact the Cardinal Flight program manager for approval of unique experiences.



## Foundational Level Activities



Revised 2/2/2024

### COLLEGE OF BUSINESS (COB) EVENT ATTENDANCE

- Attend 2 Events Hosted by COB Department/Business RSO (**required**)

**NOTE:** COB events approved for Cardinal Flight will display the “**Cardinal Flight Approved**” digital stamp and be featured in the weekly [Cardinal Flight News Articles](#) or [Events calendar](#) on EngageUofL.

### CAREER DEVELOPMENT (pick a minimum of two activities)

- Career Development LinkedIn Course
- COB Ulmer Career Center Appointment
- Create a Cardinal Careers Account
- Create a LinkedIn Profile
- Focus 2 Career Assessment/Other Assessment
- Professional Headshot Photo

### COMMUNICATION (pick a minimum of two activities)

- COB Advisor/Student Success Appointment
- COB Biz Comm Coaching Appointment
- Communication LinkedIn Course
- Meet with Professor During Office Hours
- REACH Academic Coaching Appointment
- REACH Tutoring Appointment
- Share Your #MyCardinalFlight on Social Media
- UofL Writing Center Appointment

### DIVERSITY AND INCLUSION (pick a minimum of two activities)

- Attend Event Hosted by Cultural & Equity Center
- Diversity and Inclusion LinkedIn Course
- Visit a Campus Resource
- Visit the Speed Art Museum

### LEADERSHIP AND TEAMWORK (pick a minimum of two activities)

- Attend On-Campus Event/Welcome Week Event
- Attend UofL Athletic Event
- Attend UofL Homecoming Event
- Attend RSO Meeting
- COB FranchiseU! Podcast – Review & Reflection
- Join a Professional Association
- Leadership LinkedIn Course
- Teamwork LinkedIn Course

### STRATEGIC THINKING AND TECHNOLOGY (pick a minimum of two activities)

- Attend Digital Transformation Center Workshop
- Add LinkedIn Learning Certificates to Profile
- Follow College of Business on Social Media
- REACH Hackademic Series Online Workshop (1)
- Schedule Appointment with UofL Librarian
- Strategic Thinking LinkedIn Course
- Technology LinkedIn Course



# Advanced Level Activities

Revised 2/2/2024



## CAREER DEVELOPMENT (pick a minimum of two activities)

- |   |   |
|---|---|
| <input type="checkbox"/> Campus Career Fair Attendance and Reflection | <input type="checkbox"/> Job Shadowing                          |
| <input type="checkbox"/> Career Development LinkedIn Course (x2)      | <input type="checkbox"/> Practice Mock Interview                |
| <input type="checkbox"/> Co-op or Internship Experience               | <input type="checkbox"/> On Campus Interview Day and Reflection |
| <input type="checkbox"/> Employer Site Visit                          | <input type="checkbox"/> One-on-One Resume Assistance           |
| <input type="checkbox"/> Informational Interview                      | <input type="checkbox"/> Relevant Work Experience               |

## COMMUNICATION (pick a minimum of two activities)

- |   |  |
|---|--|
| <input type="checkbox"/> Apply to a Graduate Program            | <input type="checkbox"/> Dean's List or Dean's Scholars Recipient  |
| <input type="checkbox"/> COB Biz Comm Coaching Appointment (x2) | <input type="checkbox"/> Group Study Session (x2)                  |
| <input type="checkbox"/> COB Scholarship/Award Recipient        | <input type="checkbox"/> REACH Academic Coaching Appointment (x2)  |
| <input type="checkbox"/> COB Student Spotlight Feature          | <input type="checkbox"/> REACH Tutoring Appointment (x2)           |
| <input type="checkbox"/> Communication LinkedIn Course (x2)     | <input type="checkbox"/> Student Panel Participation/Guest Speaker |
| <input type="checkbox"/> Conference Attendance                  | <input type="checkbox"/> UofL Writing Center Appointment (x2)      |

## DIVERSITY AND INCLUSION (pick a minimum of two activities)

- |  |  |
|--|--|
| <input type="checkbox"/> Attend a Local Cultural Attraction/Festival Event | <input type="checkbox"/> Living Learning Community/On-Campus Housing |
| <input type="checkbox"/> Community Service                                 | <input type="checkbox"/> Study Abroad                                |
| <input type="checkbox"/> Diversity and Inclusion LinkedIn Course (x2)      | <input type="checkbox"/> Service Learning                            |

## LEADERSHIP AND TEAMWORK (pick a minimum of two activities)

- |  |  |
|--|--|
| <input type="checkbox"/> Become a Student Ambassador               | <input type="checkbox"/> Mentoring Program             |
| <input type="checkbox"/> Committee Member or Team Project Leader   | <input type="checkbox"/> ROTC/Military Experience      |
| <input type="checkbox"/> SRC Group Fitness/Club Sports/Intramurals | <input type="checkbox"/> RSO Leader/Active Member      |
| <input type="checkbox"/> Fraternity/Sorority Member                | <input type="checkbox"/> Student Athlete               |
| <input type="checkbox"/> Leadership LinkedIn Course (x2)           | <input type="checkbox"/> Teamwork LinkedIn Course (x2) |
| <input type="checkbox"/> Leadership position on or off campus      | <input type="checkbox"/> Volunteer Experience          |

## STRATEGIC THINKING AND TECHNOLOGY (pick a minimum of two activities)

- |   |   |
|---|---|
| <input type="checkbox"/> Adobe Digital Badge  | <input type="checkbox"/> Reading Group (COB Center for Free Enterprise) |
| <input type="checkbox"/> Business Pitch Competition   | <input type="checkbox"/> Strategic Thinking LinkedIn Course (x2)        |
| <input type="checkbox"/> Capstone Project   | <input type="checkbox"/> Technology LinkedIn Course (x2)                |
| <input type="checkbox"/> Microsoft Excel Certification (complete CIS 305 and pass certification exam) | <input type="checkbox"/> Undergraduate Research                         |

### NOTES:

- The Cardinal Flight cocurricular digital badging program is flexible and self-paced to meet the individual needs of each student (including online and transfer students). Any student experiencing difficulty completing program requirements can contact the Cardinal Flight program manager for assistance with creating a personal plan of completion.
- Activities indicated with "(x2)" indicates that Advanced level credit can be earned by completing the activity twice.
- Within 30 days of completing chosen activity, students should track involvement on EngageUofL for Cardinal Flight credit.
- All submissions are subject to approval by the Cardinal Flight program manager.
- Cardinal Flight credit will not be awarded for activities that occurred prior to August 1, 2022.

